

## Overcoming Fear of Failure

*By Rene Bastarache, CI*

“One who fears failure limits his activities. Failure is only the opportunity to more intelligently begin again” - *Henry Ford*. Failure is indeed life's greatest teacher. This script will allow your client to smash through fears of failure into ultimate success.

### **The Script:**

With each day you feel more positive about yourself, your future, and all future opportunities that come your way... With every breath that you take you comfortably and easily release the old and you welcome the new into your life... you hereby dissolve all past problems with ease... at all times you feel, and are, safe and secure... safe and very secure to try new things... new opportunities...

You see all things that come your way as opportunities... opportunities to learn and to grow... you are an optimistic person who believes in your ability to overcome and to win through... you are a magnificent expression of life with immense capabilities... you have the ability to overcome all obstacles... You have the essential ingredients to be proficient at anything that you set your mind upon... you are willing and ready to take risks...

You are aware and understand that all actions produce results... From today forward you will view all results as stepping stones on the pathway to success... one stepping stone follows another... ever onwards and upwards... whether successful or not it matters not... it is the accumulation of knowledge gained from actions taken that leads to ultimate success in any venture you undertake... every result of an action is an opportunity to learn... some more so than others... it matters not... all of them a success in their own right... many are the attempts required before ultimate success can be achieved in any avenue of pursuit... whether material or otherwise... all movement is preferable to stagnation... the act of forward movement is a success in itself and you will always view it as such...

Creative energies surge through you and your thoughts are constantly filled with positivity... you seize all opportunities with bold determination... you turn failures into possibilities and you face them with courage and enthusiasm... your faith in yourself lifts you high above any possible fears or limitations... you hereby release any hesitation and you make room for victory... you push through any fear of failure and you just do it anyway... being brave comes naturally to you... you always persist until you succeed... you have made friends with your fears and your failures and you have now become unstoppable... in your imagination you see yourself... see yourself now... as a massively powerful bulldozer smashing through a forest of failures with the utmost of ease, comfort and confidence to successfully gain the prize of victorious success at the other side... you laugh in the face of adversity and you now

embrace failure... you are now daily made stronger by it's very presence.